



PLAYING WITH KNIVES & FIRE PALEO STYLE

Ten Meal Plan \$130

1. Chicken & Vegetable Stir Fry
2. Grilled Rib eye Large mixed salad with greens, red onions and ginger sesame dressing.
3. Mediterranean Tilapia with Greek Salad
4. Green Chile Pork Stew, Colorado Spinach Salad
5. Chicken Cacciatore with Zucchini & Yellow Squash
6. Paleo Beef Stuffed Portabella Mushroom with Salad
7. Curry Chicken & Veggies
8. Pork tenderloin Medallions with ginger cabbage
9. Seared Scallops With Mandarin Orange Salad
10. Paleo Grilled Steak With Broccoli

Reheating instructions:

All menu items can be reheated in the microwave. **ALL MICROWAVES ARE NOT CREATED EQUAL.** Please heat your meal carefully. 2-3 minutes at a minute stirring and turn the container to heat your meal thoroughly.

All meals can also be reheated on the stove top. Place your meal in a sauce pan or small skillet add any liquid that came with the meal then slowly heat your meal over a medium heat.

Some items may be substituted for various reasons.

If you have any questions feel free to call Chef Bill any time 330-338-3175

~Place Orders Wednesday for Monday @ 4:00pm delivery~



PLAYING WITH KNIVES & FIRE PALEO STYLE

Five Meal Plan \$75

1. Chicken & Vegetable Stir Fry
2. Grilled Rib eye Large mixed salad with greens, red onions and ginger sesame dressing.
3. Mediterranean Tilapia with Greek Salad
4. Green Chile Pork Stew, Colorado Spinach Salad
5. Chicken Cacciatore with Zucchini & Yellow Squash

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